

# SPA MENU

## BALINESE MASSAGE

60 MINUTES / IDR 650.000

90 MINUTES / IDR 900.000

Experience the curative benefit of traditional Balinese massage to revive your sense and eliminate muscular tension. It combines long stroke with robust thumb and palm pressure to stimulate circulation and restore energy level.

## HOT RIVER STONE MASSAGE

60 MINUTES / IDR 700.000

90 MINUTES / IDR 950.000

Asian healing rituals and energy that soothes the body and mind. Optionally, you can use thermal healing sea shells or herbal wraps to harmonize and balance your energy flow, relieve your body and put you in a deep state of relaxation.

## BAMBOO MASSAGE

60 MINUTES / IDR 700.000

90 MINUTES / IDR 950.000

Bamboo massage has ancient roots and perhaps deeper association than simply body work. This is a technique that incorporates bamboo stalks of varying lengths and diameters to provide deep- tissue work. The massage itself promotes circulation, sensory nerve perception and lymphatic drainage and provides a deep sense of relaxation and wellbeing.

## AROMATHERAPY MASSAGE

60 MINUTES / IDR 700.000

90 MINUTES / IDR 950.000

A full body massage with oil and soft to medium pressure. This massage will restore positive energy, and will make you feel more alive by increasing blood circulation. Benefits: Deeply relaxes the mind and body while strengthening the spirit.

## FOOT MASSAGE

60 MINUTES / IDR 450.000

The service is an ancient healing therapy designed to cultivate balance into your whole body provoke to the sensation of profound harmony. By putting pressure to specific points on your feet, our therapist will stimulate the blood circulation and boost the calmness to your nervous system.

## COCONUT ALOEVERA WRAP

60 MINUTES / IDR 950.000

Pamper your skin after coconut scrub would help to deeply moisturize your skin followed by the aloe gel wrap with banana leave leaving it softer and more supple.

## BAMBOO SCRUB

60 MINUTES / IDR 950.000

Dead cells can make the skin look dry, dull and tired. Give your body a new lease of life with a natural bamboo scrub. The additional of charcoal powder provide a detoxifying benefit that removes toxins from the pores and draws out impurities.

## COCONUT SCRUB

60 MINUTES / IDR 950.000

The combination of fresh coconut and turmeric helps maintain youthful looking skin. These ingredient work to balance natural oil level and contain hydrating properties.

\*\*price include local tax